

Regardless of the drops you are using, take care to follow these instructions. Put one drop in the affected eye four times a day, while awake, for the directed amount of time. Most people instill drops themselves, but if you prefer to have someone else do it for you, that is okay. Keep in mind to refrigerate your drops at all times. If you are leaving home for the day, keep them in an insulated bag with ice packs. However, DO NOT put them in the freezer.

STEP 1: Wash your hands and put on latex gloves, if possible

STEP 2: Lie down flat or recline in a chair

STEP 3: Look DOWN and pull back the upper eyelid



STEP 4: Put the drop on the TOP part of the eye

STEP 5: Slowly close your eye and keep it closed for 5 minutes

STEP 6: Make sure to gently wipe away any excess

STEP 7: If you did not put on gloves, wash your hands again

If you're experiencing any eye pain, blurred vision, or flulike symptoms, be sure to call the office.